

Torrance Tribune

The Weekly Newspaper of Torrance

Herald Publications - Torrance, El Segundo, Manhattan Beach, Hawthorne, Lawndale, & Inglewood Community Newspapers Since 1911 - (310) 322-1830 - Vol. 3, No. 1 - January 3, 2013

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Curbside Christmas Tree Collection Available to Residents



To recycle trees curbside, cut trees in half and remove all tinsel, ornaments and stands. Then, place the tree at the curb at least four feet from your automated containers by 7 a.m. on regularly scheduled collection days. A separate truck will collect the trees to use as mulch and landfill cover. Flocked trees are not recyclable and must always be cut up and put into the refuse container for pick up. Trees put out for collection after Thursday, Jan. 10 must be cut up and placed in the green waste container or in the automated refuse container for removal. Residents may call the public works department at 310-781-6900 for more information.

South Bay Home to Top Hospital Across Nation

By Cristian Vasquez

In the yearly designation by the Leap Frog Group, the South Bay was identified as the home to the best hospital in the country for 2012.

Kaiser Permanente South Bay Medical Center has been named a 2012 'Top Hospital' by the Leapfrog Group, which is a volunteer group dedicated working with its employer members to encourage transparency and easy access to health care information. In addition, the organization aims to reward hospitals that have a proven record of high quality care by recognizing them in their national ranking.

"We're honored that Kaiser Permanente South Bay Medical Center has been designated as a Leapfrog Top Hospital," Lesley Wille, RN, executive director, Kaiser Foundation Hospital and Health Plan said. "This designation represents the gold standard for comparing hospitals' performance across all areas of quality and patient safety. Being named a 'Top Hospital' confirms our year-round commitment to quality care and patient safety. It's also a testament to our physicians, nurses and staff, who dedicate themselves each day to deliver on the Kaiser Permanente Promise of providing quality care to our more than 200,000 members in the South Bay."

The Leapfrog Group Survey not only compares the performance, quality and safety standards of hospitals on a national scale, it also highlights the efficiency standards that are most relevant to consumers and purchasers. The hospitals that do participate in the Leapfrog hospital survey are then aided to achieve hospital-wide improvements that can potentially translate improved treatment of patients and a reduction in operation costs. The South Bay is home to hospitals with prestigious reputations such as UCLA-Harbor, Torrance Memorial and Providence Little Company of Mary and Kaiser Permanente South Bay Medical Center's recognition as the best in the nation by this

group only adds to the strong reputation of medical centers in the area.

"While it's gratifying to receive the Top Hospital designation, finding new and innovative ways to improve quality and patient safety is a year-round process," Wille said. "We want Kaiser Permanente to be the quality and service leader in the South Bay area. As healthcare professionals, we're continuously looking to

develop new and better ways to prevent illness and care for our patients. It's also what the public expects from their providers."

The Leapfrog survey, which also focuses on how patients fare, resources used to care for patients and management practices that promote safety and quality, came together in 1998 when a large group of employers got

See Best Hospital, page 2

Weekend Forecast

Friday
Partly
Cloudy
60°/49°



Saturday
Partly
Cloudy
58°/50°



Sunday
Few
Showers
57°/47°



"A Healing Place" Float Honors Nurses

Courtesy of
Providence Health and Services

Sr. Terrence Landini, a retired nurse administrator at Providence Little Company of Mary Medical Center Torrance and still very active in hospital functions, will ride New Year's Day aboard a Tournament of Roses parade float honoring nurses.

Providence Little Company of Mary is among the sponsors of the float with the theme "A Healing Place" and chose Sr. Terrence, L.C.M., to represent the hospital and its founding religious order, the Sisters of the Little Company of Mary.

"I've never been on a float before," Sr. Terrence said. "It's such an honor to be chosen to represent nurses and our mission of compassionate care."

At 78, Sr. Terrence still makes frequent rounds at the hospital, serves on the Community Ministry Board for the hospital and its sister ministry in San Pedro, is a member of the foundation board and honorary chairwoman of the hospital auxiliary.

"Sr. Terrence is the heart and soul of our ministry," said hospital Chief Executive Liz Dunne. "She is our link to an incredible legacy

of women religious who built this hospital on a foundation of compassionate care."

Sr. Terrence, affectionately known as "Sr. T," joined the religious order in 1952, graduated from nursing school in 1958 in her native Chicago and went on to earn



Sr. Terrence Landini

her bachelor's degree in nursing in 1963. She worked as a coronary care nurse and a nursing supervisor and in 1966 ventured to California and became director of nursing

See Nurses Float, page 2

Vet Offers Pet Safety Tips for New Year

By Greg Perrault

If you are reading this, it means you have survived the end of the world according to the Mayan calendar. Cheers! It's now time to get matters in order for your pet in 2013.

Here is a simple check off list that every pet owner needs to do on the first of the year:

- Take a photo of your pet. Your pet's looks change with age just like us and if your pet goes missing you will need a current picture.
- Check your pet's microchip registration and update any new phone numbers or addresses. (If your pet doesn't have a chip, get one ASAP. They are inexpensive, safe and are the best form of identification.)

"If you are considering health insurance for your pet, it is important to get it early before any emergencies or health conditions arise."

- Consolidate your pet's medical information into one folder. Include a list of any medicines your pet takes.

- Use technology to your advantage. You can scan and save your pet's medical records onto your phone. There are iPhone and Android apps you can download to file pet records, or you can just use a note-taking app like Evernote. You can even email medical records and pet photos to your smart phone.

- Program your veterinarian's information into your phone's address book. Include the after hours emergency clinic your veterinarian recommends.

- Program the address of your vet and the emergency afterhours clinic into your car's GPS.

- Put these things in your trunk: A spare leash, a plastic or steel bowl, some bottled water, a few cans of pet food and a blanket.

Done! That was easy.

Another important item to do for your pet on the first of the year is to make a budget. Emergencies can easily cost \$2,000 to \$3,000 and payment is usually due at the time services are rendered so you'll need to plan wisely. Put a set amount of money away each month for emergency care. Easier said than done, but there are a few different strategies that may help you. Here are some tips on how to manage the cost of your pet's health care.

Consider pet health insurance. Just like other forms of insurance, it's important to

get the right policy for your needs. There are several companies that now offer pet health insurance. The least expensive may not be the best for your situation so always read the fine print. Most companies will require you to pay for services at the time they are rendered and then submit a form for review after your pet has received care. Reimbursement for care comes after the insurance company reviews the case and many times this may take a few weeks to a few months. If you are considering health insurance for your pet, it is important to get it early before any emergencies or health conditions arise. Most companies will request medical records from

the previous 12 to 24 months and will not cover preexisting conditions.

If you don't like the idea of pet insurance, you should save a set amount every month. The amount should be at least the amount it takes to fill up your car's gas tank one time. This strategy can pay off if you have a healthy pet. If you don't have to use the money for emergencies, you've saved up a nice little nest egg for the future. However, you could be caught off guard if an emergency comes up before you've had a chance to build up some savings.

A better idea for most people is a combination of both insurance plus a small monthly savings. Look at the cost of the different insurance plans. Most insurance companies offer decent inexpensive plans starting around \$25 per month and would cover emergencies but not routine care. In addition to the insurance, put away the same amount of money into a savings account for your pet. For example, \$25 goes to insurance and \$25 goes to savings. This way you are covered immediately should an emergency happen right away and you still are building a nest egg for the future.

I hope everybody is having a wonderful holiday season. I am looking forward to a great new year and wish everyone and their pets the same.

Dr Greg Perrault owns and operates Cats & Dogs Animal Hospital in Long Beach. •

People

CONGRATULATIONS

Stanley Salas, of Torrance, earned a Bachelor of Science in Criminal Justice

Management from Union Institute and University in November 2012. •

Calendar

SUNDAY, JANUARY 5

- Torrance Certified Farmers' Market, 8 a.m.-1 p.m., Charles H. Wilson Park, 2200 Crenshaw Blvd. For more information call (310) 618-2930.

TUESDAY, JANUARY 8

- City Council Meeting, 7-10 p.m., City Hall, Council Chamber, 3031 Torrance Blvd. For more information call (310) 618-2870.

WEDNESDAY, JANUARY 9

- Bubble-ology 101, 4 p.m., North Torrance Library, 3604 W. Artesia Blvd. For more information call the Youth Services Department at (310)-618-5964.

- Doug MacLeod in Concert, 7 p.m., Katy Geissert Civic Center Library, 3301 Torrance Blvd. For more information call (310) 618-5959.

THURSDAY, JANUARY 10

- West High Dance Performance, 7 p.m. (also 1/11), James Armstrong Theatre, 3330 Civic Center Drive. For more information call (310) 781-7171.

FRIDAY, JANUARY 11

- Studio Cabaret Series-Louie Cruz

Beltran (also 1/12), 7:30 p.m., George Nakano Theatre, 3330 Civic Center Drive. For more information call (310) 781-7171.

SATURDAY, JANUARY 12

- Think Clean, Go Clean! Eco Art Contest and Festival, from 10 a.m.-3 p.m., Torrance Cultural Arts Center, 3330 Civic Center Drive.

SUNDAY, JANUARY 13

- Guest Artists Series: Stunt Dog Experience, 2 p.m. and 6 p.m., James Armstrong Theatre, 3330 Civic Center Drive. For more information call (310) 781-7171.

SATURDAY, JANUARY 19

- Paperback Book Sale, 9 a.m.-4 p.m., Katy Geissert Civic Center Library, 3301 Torrance Blvd.

SUNDAY, JANUARY 20

- The Torrance Chinese School's 2013 Student Talent Show, 2 p.m., James Armstrong Theatre, 3330 Civic Center Drive. For more information call (310) 781-7171.

SATURDAY, JANUARY 26

- The Torrettes Winter Show, 7:30 p.m., Ken Miller Auditorium, 3341 Torrance Blvd. For more information call (310) 781-7171.

Best Hospital

from front page

together to discuss ways of collaborating to use the way they purchased health care to have an influence on quality and affordability. A report in 1999 by the Institute of Medicine gave the Leapfrog founders an initial focus: to reduce preventable medical mistakes. Funding to set up Leapfrog came from the Business Roundtable and The Leapfrog Group was officially launched in November 2000.

"As part of our social mission, Kaiser Permanente is committed to improving the health of our members and the communities that we serve," Wille said. "Our members should feel confident that the care they are receiving is recognized as being among the best and safest in the nation. It's also what we would expect to receive as patients and for our families."

According to the Leapfrog Group's website, UCLA-Harbor and Providence Little Company of Mary did not respond to the survey. However, Torrance Memorial did and was ranked perfect in two of seven areas analyzed and only received the lowest make in one area. Kaiser Permanente's recognition comes on the eve of its plans to invest new facilities in the South Bay area. Next June a new medical office building in the City of Carson will offer both primary and specialty care services. In addition, there will be a re-building of much the 50-year-old hospital in Harbor City.

"It's great to know that in a time of need the best option is just doesn't the street," Torrance resident Robert Sanchez said. It's always nice to have more medical centers around the area to help stop overcrowding in other locations." •

Nurses Float

from front page

for the hospital now known as Providence Little Company of Mary Medical Center Torrance. She retired 15 years ago, but continues to be a strong presence in the hospital, dedicated to the Sisters of the Little Company of Mary's mission to serve the very ill and dying.

She marvels at the advances in nursing over the decades, but cautions today's nurses to remember the importance of the human connection with patients.

"Bedside nursing is so important," she said. "Nurses must observe, ask questions and really

know what's going on with the patients – not just what the monitors say but what the patient says. You have to be 'present' to the patient."

Sr. Terrence is pleased the annual parade will feature nurses on a float that reflects the celebrated characteristics of a nurse – caring, commitment, compassion, confidence, conscientiousness and intelligence. The float celebrates this devotion and well as nurses' wisdom, skill and versatility to nurture and educate their patients as they gently help them heal. •

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Politically Speaking

One Man's Opinion

By Gerry Chong

Among the many emotions man conveys to his fellow man, the most noble must be that of "compassion." Contained within compassion are the feelings of understanding, forgiveness, and a sharing of human frailty. For Democrats, compassion is the essential heart of their DNA and it oozes from every

"The Heritage Foundation says children in households with married parents are 82 percent less likely to be poor; while 75 percent of means tested welfare payments go to single parents."

pore. For Republicans, not so much. For that reason Republicans have a difficult conveying a caring but rational message to the public.

For Republicans, the need for compassion is too often brought on by a conscious, irrational act. Had that act not occurred compassion would not have been required. Let me cite an example:

We can all empathize with the plight of the single mother as she struggles to balance career and motherhood. That is compassion. But for some women, motherhood itself is an irrational act. The U.S. Department of Agriculture now estimates that it takes a minimum of \$235,000 to raise a child to the age of 17. (It would take more if they were responsible for their child's Obamacare insurance until the age of 26); a sum too many mothers cannot manage on their own.

In fact, the New York Times, quoting the National Center for Health, says our nation has crossed an important threshold in that more than half of all births to women under the age of 30 are to single mothers...53 percent, to be exact. The Times goes on to state that two-thirds of the mothers and the fathers of

their children split up before the child is 10 years old, leaving the mother with years of sole responsibility of parenthood.

USA Today goes on to state that 80 percent of Black children and 58 percent of Hispanic births are to single mothers, exacerbating the problem of minority poverty.

The Heritage Foundation says children

in households with married parents are 82 percent less likely to be poor; while 75 percent of means tested welfare payments go to single parents.

Study upon study point out that children of single parents are more likely to be abused; are more likely to live in impoverished neighborhoods; are more likely to be school drop outs; and are exposed to drugs and alcohol at an earlier age. Later, they are more likely to be incarcerated and earn less than the median income. The pain and suffering are visited equally on the child, the single parent and society in general. Government spending, in no small part, is a reflection of the consequences of single parenthood.

With all of these facts well known, some might think our national leadership would make marriage a national crusade. Instead we are faced with a wall of silence on the source of the problem, focusing instead on compassion for the mother.

Hillary Clinton was wrong when she said "it takes a village to raise a child." In fact, it only takes two parents willing to take responsibility for their own acts. •

Political Penguin

By Duane Plank

Time for the year-end political review. Which is incredibly tainted after viewing the horrific events in Newtown, Connecticut a couple of weeks ago.

Now, I feel very privileged to have this bully pulpit available to me, to be able to pontificate on the body politic every week. But occasionally gets a little tough when the deadline hits a week before publication.

Specially when the carnage of Newtown occurs. Now, I am what I am. Never have fired a gun, nor a bow-and-arrow. Nor any weapon designed to kill someone else. Call me a pacifist. Or someone who doesn't need a firearm to prove my manhood. Or, I guess, to protect my acreage from the invading British hordes.

Oh yeah, that was two-hundred and forty years ago.

Just disgusted with the political opportunism that occurred after the little kids were assassinated, many of them shot in the head multiple times. Typical libs, led by the fossil California Senator Feinstein, waited for a day or two, and then blathered on for gun-control. And, the NRA morons somehow spun it, somehow, somehow, that...not even sure how the gun-toting idiots could spin this carnage that was perpetrated on kids.

But, facts are facts. Innocent people died. Blown away with firearms. Sported by a 20-year-old kid. Who apparently was plagued with an ailment that has been labeled as Asperger's syndrome? Which is a mild form of autism. Thanks for a column supporter for enlightening me on that, so much was lost in what seems to always be the rush to be the first to report.

And, yes, most of the focus has been on the 20 toddlers who were blown away by the

firearm-toting misfit. But adults were also gunned down, and, one boldly assumes, only because they tried to shield the young kids from the snap-crackle-pop of the angst ridden killer Lanza and his arsenal.

So the political review for 2012 will be a tad short, but will be continued next week. Maybe. Subject to breaking events that may transcend a recap of the fact that the POTUS was able to turn back a pretty darn good effort made by Mitt "The Glove" Romney and the Republicans to take back the White House.

Back in the early part of 2012, Romney was the presumed front-runner for the Elephant Party nomination. Per usual, the ebb and flow of the campaign, which the 24-7 media demands, tilted the Republican nomination favor in the direction of some lady from Minnesota, and a pizza guy from down South, and then a canned, unemployed ex-Governor from the Keystone state. Pennsylvania, for those of you slow on the take.

Anyway, Michelle Bachmann soon gave it up, as did pizza man Herman Cain. Cain, was, ye gads, caught in some sort of possible marital scandal. Can we all grow up, folks, and realize that if alleged marital dalliances disqualified folks from attaining positions of power, we may have a pretty shallow pool of candidates to draw from?

So all of the Republican Presidential challengers, including the gadfly Newt Gingrich, who was campaigning hard as possible to sell books and pump up his appearance fees, fell by the wayside. Leaving the unemployed Santorum as the Romney alternative. Santorum was a nice story for a couple of months, but with relatively zilch dinero and no staff, couldn't compete with the Romney well-oiled machine.

More next week on this. Maybe. •

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TerriAnn in Torrance

Hopes for the New Year

By TerriAnn Ferren

As we usher in 2013, many of us will take time to ponder just what this year will hold for us personally and collectively as a nation. Instead of asking citizens what their

fall I picked up a consulting job which kept me busy full-time. Since Michael is shifting from working full-time to working part-time, I am really looking forward to spending more downtime with Michael. For the past

I turned to the wisdom of another generation to see what they might look forward to and so I asked 18-year-old twins Avery and Alexzandra Morris, who have been knee-deep in applications for college, what they hope for

of his favorite television shows. Shane, age 20, is a student at Cal Poly San Luis Obispo majoring in Agricultural Business and I hope he finds something in the summer in his major." Luke Bradley, also age 12, was



Michael and Suzanne.

New Year's resolutions would be, this time I decided to ask what hopes and dreams people have for the coming year.

First I asked a married couple, Michael and Suzanne Baczkowski, what they hope this year will bring. "My hope for the new year is that my sweetheart and I enjoy our lives as I begin to go part-time in my formerly full-time job. I was a VP for a company in New York--aerospace developer and producer for the many nice things for the community," said Michael. He shared with me that part of his job has been to travel domestically and internationally. In the last two years, Michael and Suzanne have been able to travel together to many exotic places, including Melbourne, Australia; Cape Town, South Africa; New Delhi, India; London, England; and Paris and Provence, France. Wow, sounds like a great job to me!

Michael went on to say, "We are all worried about the so-called fiscal cliff which may or may not be looming. I personally don't think it will loom. I think our politicians will finally get some common sense in their heads and figure out a way to increase the income for the country..." I then turned to Suzanne and asked her what her hopes are for the coming year and she said, "I have been retired for two years now, but this past

20 years--we are celebrating our anniversary the day after Christmas--Mike has been traveling out of the country at least once a month...and I was working full-time, so we



Isabel Barraza.

have been really trains passing in the night. So I am looking forward to spending some everyday time together going out to breakfast, reading books, 'puddling' around the house, working in the garden... We really enjoy gardening in the summertime and we also enjoy in the wintertime cross-country skiing and snowshoeing as well."

As Michael and Suzanne clearly demonstrated, major life changes are in the air for them. Many couples who have spent their lives working will also be retiring and turning their focus to other things.

Depending upon how old we are, what our lives have been or what our lives will be influences the hopes we have for the upcoming year. Last week, I dropped in to visit the mother of a friend of mine who is at the moment in intense physical therapy to strengthen her body after a fall. Ninety years old, very bright and full of life, Geraldine Giarratana is doing remarkably well, so I decided to ask her what she is looking forward to as the new year approaches. "I hope for everybody a very healthy and happy new year and Godspeed. I am looking [forward] to health for my family and happiness for them. The world is in bad shape--I have to say that--and you have to pray more to God and have faith in what he has ahead for us," said Geraldine.

After listening to the wisdom of Geraldine,



Alexzandra Morris.

during the coming year. Avery shared, "This past year, I have really been just focusing on the future and college--that's all I can think about. And I would like to actually live in the present and make sure I have fun every single day. I would like to calm down, face things evenly, break things down and do little parts every day. Just really relax and not think too much about the future and just focus on what I am doing every single day." I then asked her sister Alexzandra to share her thoughts and she told me, "I would like to find more balance in my life. Studying really hard for my academic classes and then finding time to think and reflect on everything I am learning about and just different aspects of my own life. So just find that balance and to calm down." Spending time with these two very bright and focused young women gave me a peek into the world of young people as they launch out into the next phase of their lives--college.

A few days passed and I then decided to ask spectators at the Lakers game what their hopes were for the coming year (besides the obvious--the Lakers winning for a change). Standing at a tall table inside Staples Center having dinner, I asked Isabel Barraza about her hopes and plans for 2013 and she told me, "To be inspired and have positive things happen in the new year. I am an artist--so I paint, so that's what I mean...to be inspired in that sense and hope to meet other artists and learning as much as I can. And to be close to my family." Isabel smiled with enthusiasm and as I left her, I literally bumped into the next person. Steve Ganalon was leading three boys toward the concession stand and had a ready answer when I asked him about his hopes for 2013. "Well, for this little guy, I hope that he, Luke [age 12], this is his birthday today. Luke is an actor and I hope that his movie that is out now is very successful and that he lands a spot on one



Avery Morris.

with the group and all smiles for the special birthday adventure. Too bad the Lakers lost to the Utah Jazz that night.

Walking past the entry doors at Staples, I noticed a young man waiting by himself and approached him and asked what he hopes for the new year. "[I hope] to keep my job and keep working to pay my bills and take care of my kids and take care of my wife," said Jaime Crespo. He was very definite about his goals and hopes. His three children, Yvonne, age 10, Robert, age seven, and James, age four, and his wife are his focus. What an inspiration! Too bad his wife wasn't there yet to hear his proud declaration.

We are all filled with our own personal hopes and dreams for the future and either



Jaime Crespo.

overtly or subtly know in our hearts what we are hoping for in the new year. May this year, 2013, be a year of continued hope and moving forward toward our hearts' desire. Let this year be as special as the gifts we opened at Christmas and may everyone in Torrance and everywhere else have a very wonderful and...Happy New Year! •



Steve Ganalon, Luke Bradley, Luke Ganalon, and Shane Ganalon. Photos courtesy of TerriAnn Ferren.

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FOOD & DINING

How to Make Your Cocktails the Life of the Party

(BPT) - This time of year, homes across the country are bustling with friends and family celebrating the holidays with festive foods and drinks. Dairy products like butter, milk, cheese and cream are standard ingredients in celebratory dishes, but one area where dairy can play a starring role is often overlooked - the cocktail glass. Instead of just offering wine or beer, the California Milk Advisory Board (CMAB) has put together cocktail tips and tricks for making every gathering a happy hour at home.

1. Cheers to dairy. Served hot or cold, milky alcoholic beverages are delicious on a hot day or in the cold of winter. Cocktails made with milk can range from the classics like a White Russian to the more unusual Mardi Gras favorite Milk Punch, a somewhat lighter version of egg nog. Make sure to choose flavors and spices that complement the foods you're serving.

2. Look in the fridge. Chances are you already have everything you need to create a special cocktail or host a happy hour at home. Now is the time to use up the leftover craft beers from last week's game, that nice bottle of brandy you received as a gift and the California milk and cream you have in your fridge.

3. Apples to apples. Apples are one of those foods that everyone seems to love and that familiar apple flavor seems most welcome in the cooler, cozier months. Why not combine the iconic apple pie with a trend that is on the rise: hard ciders. With the influx of craft beer drinkers, hard ciders are coming into their own. Try creating a Belgian Hot Apple Pie Cocktail (see recipe) and wow your friends and family with your bartending skills. This cocktail takes the beloved flavor of apple pie and lights it on fire, literally.

Whenever serving alcohol in your home, make sure there's a designated driver to ensure everyone makes it home safely.

BELGIAN HOT APPLE PIE COCKTAIL

Yield: 1 serving
 1 large scoop Real California vanilla ice cream
 1 ounce apple brandy
 12 ounces Belgian apple beer

Place ice cream in a large glass. Pour brandy into a small glass. Carefully touch a lighted match to surface of brandy to ignite it. When flames die down, pour brandy over ice cream and fill glass with beer. Serve with a spoon and a straw. •



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Sports

Time Warner Televises D-Fenders Games

Courtesy of the D-Fenders

Time Warner Cable SportsNet will telecast 12 Los Angeles D-Fenders home games during the 2012-13 season, as yet another extension of Time Warner Cable Sports' relationship with the Lakers and the Buss family. The D-Fenders, playing in El Segundo's Toyota Sports Center, are the official minor league team of the Los Angeles Lakers. The network will also give fans unparalleled access to the D-Fenders through behind-the-scenes features that will air on Time Warner Cable SportsNet's weekly documentary series "Backstage: Lakers."

"We are thrilled to partner with Time Warner Cable SportsNet this season," said Joey Buss, President/CEO of the D-Fenders. "This is an opportunity for our fans, Lakers fans and basketball fans to develop a connection with top D-Fenders prospects as well as Lakers assignment players, both of which are instrumental to the future of the Lakers and NBA."

As part of the agreement, former Laker and three-time NBA Champion A.C. Green and 20-year broadcasting veteran Steve Quis have been tabbed to handle color commentary and play-by-play duties.

"The combination of Lakers and D-Fenders games and content on Time Warner Cable SportsNet will give Southern California sports fans a more comprehensive viewing experience," said Mark Shuken, Senior Vice President and General Manager of TWC Sports Regional Networks. "We're excited to work with the D-Fenders to televise their games this season."

Green, an NBA Champion with the Lakers in 1987, 1988 and 2000, joins the Time Warner Cable SportsNet on-air team after a successful basketball playing career that spanned 16 seasons and three decades. The former forward holds the record for most consecutive games played with 1,192 dating from 11/19/86 - 4/18/01 while a member of the Lakers, Phoenix Suns, Dallas Mavericks and Miami Heat. The only player to win championships at the Great Western Forum

and STAPLES Center, Green was a first round selection (23rd overall) by the Lakers in the 1985 NBA Draft and graduated from Oregon State with a degree in Speech Communication.

Quis, a native of San Diego, brings more than 20 years of sports broadcasting experience to Time Warner Cable SportsNet and the D-Fenders. Most recently, Quis has called Los Angeles Angels of Anaheim games, Pac-12 baseball games and the 2012 CIF Basketball Championships. He also handled play-by-play duties for Mountain West Conference football games and California Interscholastic Federation (CIF) Football Championship games on Time Warner Cable SportsNet this fall and has broadcast numerous games for Time Warner Cable over the years. A graduate of the University of Arizona, Quis has also served as play-by-play announcer for San Diego Padres telecasts, postgame host for the San Diego Chargers radio network and play-by-play for San Diego State University football and basketball, among other positions.

The D-Fenders on-air schedule on Time Warner Cable SportsNet is highlighted by games against the Idaho Stampede (NBA affiliate: Portland), Sioux Falls Skyforce (NBA affiliate: Miami, Minnesota, Orlando, Philadelphia), Bakersfield Jam (NBA affiliate: Atlanta, LA Clippers, Phoenix, Toronto), Fort Wayne Mad Ants (NBA affiliate: Charlotte, Detroit, Indiana, Milwaukee), Reno Bighorns (NBA affiliate: Memphis, Sacramento, Utah), Texas Legends (NBA affiliate: Dallas), Austin Toros (NBA affiliate: San Antonio), Santa Cruz Warriors (NBA affiliate: Golden State) and Canton Charge (NBA affiliate: Cleveland).

The D-Fenders, who are eight games into the season under new head coach and former NBA player Reggie Theus, return to action on Saturday, Jan. 5 as they take on the Sioux Falls Skyforce at Toyota Sports Center, the official training facility of the Los Angeles Lakers. The game will air on Time Warner Cable SportsNet on Sunday, Jan. 6 at 3 p.m. •

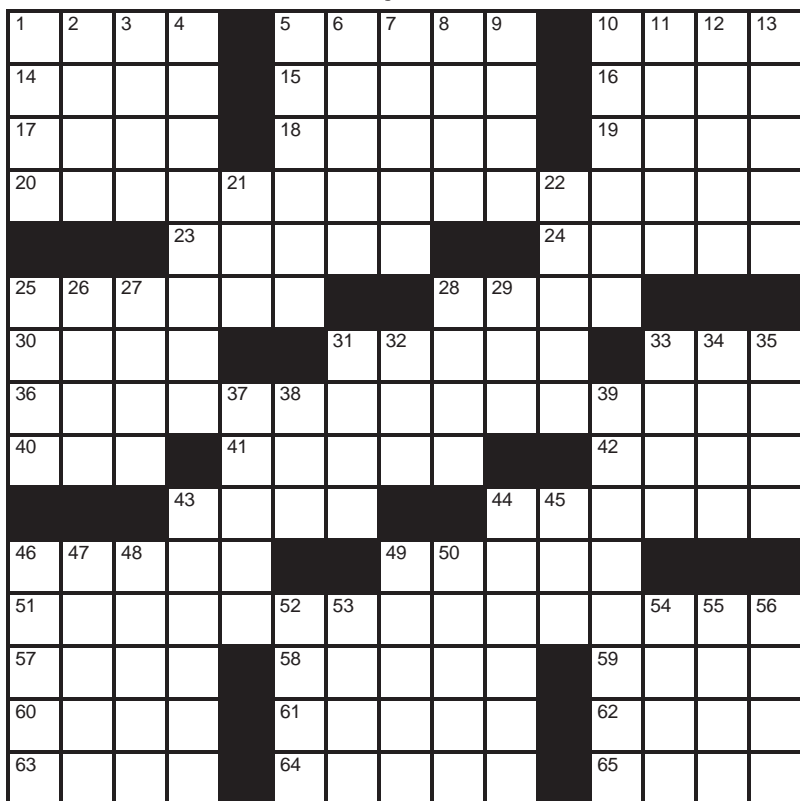


Darius Johnson-Odom. Photo courtesy of the Los Angeles D-Fenders.

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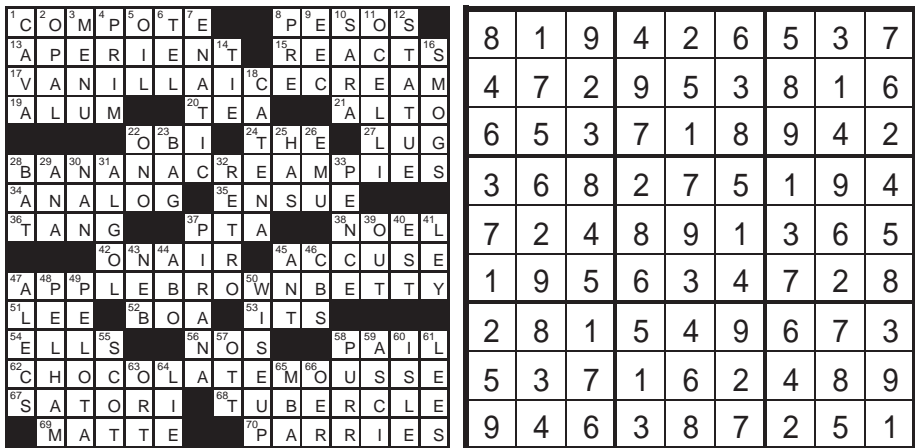
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WEEKLY CROSSWORD See Answers Next Week
This Way and That

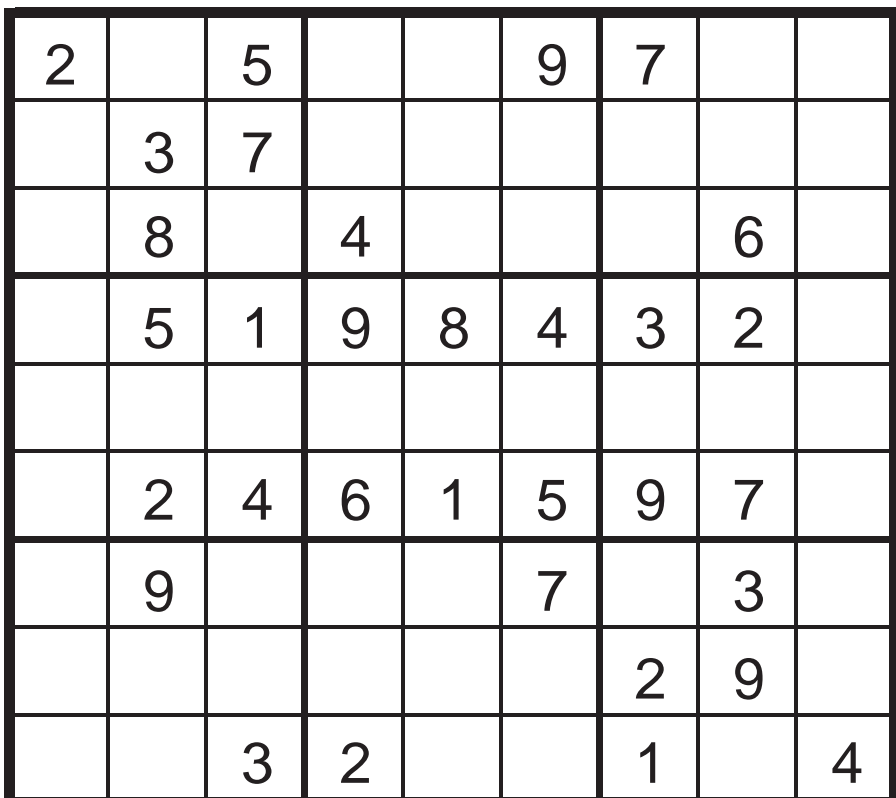


- ACROSS**
- 1. Classified information?
 - 5. One way to be taken
 - 10. Fly, e.g.
 - 14. "It was ___ mistake!"
 - 15. Parlor piece
 - 16. Head or night starter
 - 17. Film unit
 - 18. Cockamamie
 - 19. Battering wind
 - 20. One way to move
 - 23. Rock fracture
 - 24. Gardener's soil
 - 25. Whips
 - 28. Astringent
 - 30. Achieving Moksha is one of its goals
 - 31. Rivera product
 - 33. Elusive one
 - 36. One way to move
 - 40. Balancing pro
 - 41. Order
 - 42. Chills and fever
 - 43. Hordeolum
 - 44. Monovalent radicals
 - 46. Île de la Cité locale
 - 49. Free-for-all
 - 51. Every which way
 - 57. Boor
 - 58. Showy flower
 - 59. D.C. al ___ (musical direction)
 - 60. Suffix with neur-
 - 61. Hinder
 - 62. Opposite of charge
 - 63. Actor Green of "Buffy the Vampire Slayer"
 - 64. Fop's footwear
 - 65. Wraps (up)
- DOWN**
- 1. Rattles
 - 2. Promise, e.g.
 - 3. Cheese variety
 - 4. Playa
 - 5. Farewells
 - 6. Double
 - 7. "Stop!"
 - 8. Empty talk
 - 9. Had down cold
 - 10. Organized persecution
 - 11. Duck
 - 12. Goes (for)
 - 13. Deuce toppers
 - 21. Ate
 - 22. "Be-Bop-___"
 - 25. Accord
 - 26. Campus store
 - 27. Indian tourist stop
 - 28. Chichi
 - 29. Kind of partner
 - 31. Just
 - 32. G8 member
 - 33. Provocative
 - 34. Jewish month
 - 35. Strong cleaners
 - 37. More than unpopular
 - 38. Crooked
 - 39. Illegal shares of profits
 - 43. Rat
 - 44. Nuptial sites
 - 45. Island ring
 - 46. Flies alone
 - 47. Chew the scenery
 - 48. Indigenous Canadian
 - 49. Peach ___
 - 50. Pomp
 - 52. Does in
 - 53. Alternative to steps
 - 54. "Blue" or "White" river
 - 55. Avon anti-aging brand
 - 56. Historic Virginia family

Last Week's Answers



SUDOKU Medium



Each Sudoku puzzle consists of a 9x9 grid that has been subdivided into nine smaller grids of 3x3 squares. To solve the puzzle each row, column and box must contain each of the numbers 1 to 9.

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The deadline for Classified Ad submission and payment is Noon on Tuesday to appear in Thursday's paper. Advertisements must be submitted in writing by mail, fax or email. You may pay by cash, check, or credit card (Visa or M/C over the phone).

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Pets Without Partners Purrrfect Companions

Make a New Year's resolution to help a homeless pet by adopting or sponsoring a "pet without a partner."

Noelle was found as a stray with no collar or microchip and we were unable to find her owner--just a reminder, *please* microchip your pets. She is about two years old, is fully grown at eight pounds and is smaller than she appears in her photo. Noelle is a very sweet little girl and is a smiler, too! When she is happy, she will show you all of her pearly whites...it's such a unique quality some dogs have. Noelle is fostered with three other dogs and does great with them all. She is housebroken with an open door and has not had any accidents in the house. Noelle is lovable, kind and so sweet. Her back is



Noelle

full of lush, full curls all the way down to her tail. Noelle is spayed, current on vaccines, de-wormed, microchipped, good with other dogs, and good with children.

Rex is a very handsome puppy...and he is all puppy at that.

This beautiful boy is quite the camera ham, posing for his beautiful pictures. We believe his breed to be wire-haired Dachshund mixed with Basset Hound. He is a stunning very unique-looking boy. He is currently six months old and quite long and might get close to the length of a Basset in

the next five months when he stops growing. Rex is a character who is hilariously funny and wants to be the center of attention. He was fostered for about a week before coming into our rescue and his foster mom said he would go to the door to be let outside. He only had one accident in her home. Rex is a lovely boy who is fine with other dogs and great with children. Rex is neutered, current on vaccines, de-wormed, microchipped, good with children and other dogs.



Rex

To learn more about these and other wonderful dogs, visit our website at www.animalsrule.org. If a dog is on our website, it's available. Or come to our Saturday adoption events from 11 a.m. to 3 p.m. at 305 North Harbor Boulevard in San Pedro (just off the 110 near the cruise port). We are always in need of donations for veterinarian bills and our senior dogs. Donations can be made through our website or by sending a check payable to: Animals Rule Placement Foundation at 305 North Harbor Blvd., San Pedro, CA 90731. All donations are tax-deductible. We are a registered 501©3 non-profit organization.

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Someone put this beautiful litter in a box in the street right after they were born. Thankfully, their foster mom saw the box and went to inspect. She found six tiny kittens inside. They were already ice cold as she took them home, got them warmed up and started feeding them...every two hours because they were so tiny. Now they are now a bunch of loving, playful, strong and healthy kittens looking for forever homes.

Now is your chance to help Santa fill their post-holiday wishes to find families to adopt and love them as much as they will love you. Since they've been together all their lives, William, Truman, Teddy, Franklin, Jackson and Hillary hope you either already have a cat at home or adopt two of them together!

These kittens/cats are available for adoption through Kitten Rescue, one of the largest cat rescue groups in Southern California. All of our kitties are spayed/neutered, microchipped, tested for FeLV and FIV, de-wormed and current on their vaccinations. For additional information and to see our other kitties, please check our website at www.kittenrescue.org, or email us at mail@kittenrescue.org. Your tax-deductible donations for the rescue and care of our cats and

kittens can be made through our website or by sending a check payable to Kitten Rescue, 914 Westwood Boulevard, #583, Los Angeles, CA 90024.

On Saturdays, we have adoptions from noon to 3:30 p.m. in Westchester at 8655 Lincoln Boulevard, just south of Manchester Avenue, and also in Mar Vista at 3860 Centinela Avenue, just south of Venice Boulevard. Our website lists additional adoption sites and directions to each location.

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Roger Hart (left) with sons: Kevin; Jeremy and his wife Stephanie; and Bradley with his wife Alannah. The Hart family has used its successful business to promote and preserve pride in the Torrance community through responsible real estate transactions and home ownership.

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